



INDIAN SCHOOL AL WADI AL KABIR

DEPARTMENT OF EVS [2021 – 2022]

LESSON:FOOD AND DIGESTION

WORKSHEET

RESOURCE PERSON: Ms. SUDHA PANKAJ

NAME: _____ CLASS: V SEC: _____ DATE: _____

I. Give one word for the statements given below.

1. It is one of the simplest forms of sugar. _____
2. a digestive juice produced by the liver. _____
3. It carries food from the mouth to the stomach. _____ / _____
4. the organ in which digestion of food gets completed _____
5. the grinding teeth in human beings _____

II. Fill in the blanks to complete the sentences.

1. The process of breaking down of food into a simpler form is called _____.
2. Saliva breaks down _____ into _____ which later converts into _____.
3. A diet which contains all the nutrients in the right amount is known as _____.
4. The finger like structures, _____ in the walls of the small intestine helps to absorb the digested food.

III. Establish the relationship and complete the following.

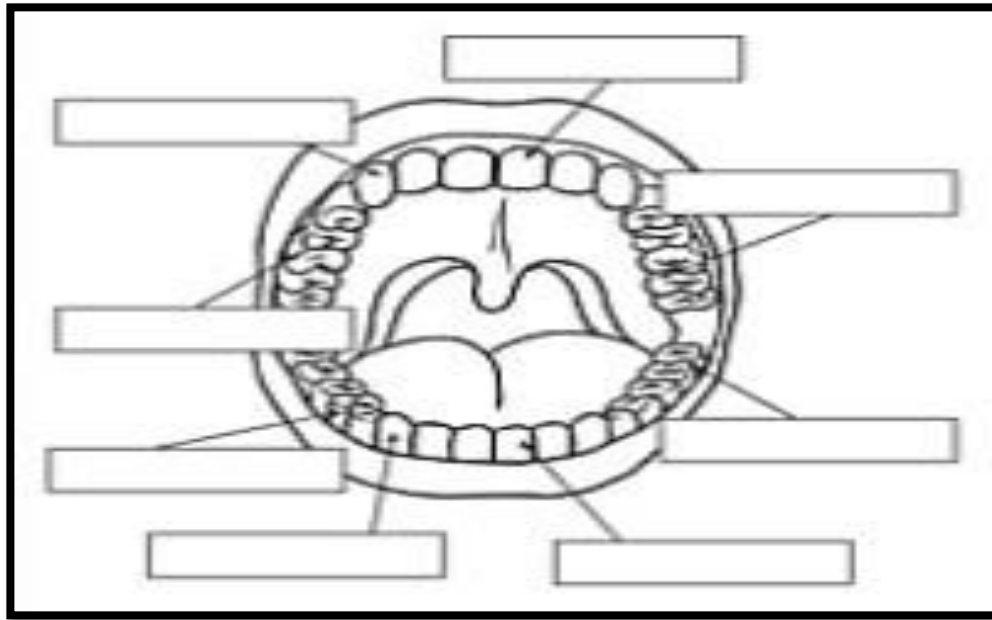
1. _____: cutting of food :: molars: grinding of food
2. bile: liver :: _____ mouth
3. large intestine: absorption of water :: small intestine: _____
4. chew and grind: mouth :: churn and mix with gastric juices: _____

IV. Based on your understanding of the lesson "Food and Digestion" fill in the blanks to complete the sentences which detail the journey of food from mouth to anus.

The digestive system starts in the _____. Food is broken into smaller pieces by chewing and grinding with our _____. The food get mixed with a juice called _____ in the mouth. This food then goes through the _____ to the _____. Here it mixes with the

gastric juices. Food is then pushed into a long-coiled tube _____. Here nutrients in the food are absorbed by blood. The undigested food then passes to the _____, where water gets absorbed from the food wastes and reaches to _____. This water from the kidneys goes out of the body as _____. Finally remaining solid wastes goes out of the body as _____ through _____.

V. Label the given set of teeth



VI. Give reasons for the following statements.

1. We should chew our food well before swallowing.

2. A person suffering from low sugar level is given glucose solution.
